



Looking back and moving forward

What did you learn about yourself during this year?

- ♥ That I can and do have the ability to make a positive change in someone else's environment.
- ♥ I learned that I am a very loving, kind, patient person that loves to work with children despite their circumstances, and I also learned how to work with different kinds of children.
- ♥ To have patience, to never give up, no matter how difficult the circumstances feel.
- ♥ I learned to be creative in my environment and that I should love myself more.
- ♥ I learned that I'm a strong individual with so much potential. I also discovered that I want to work with children because it brings me so much joy.
- ♥ I have a loving personality – the children were a real inspiration, although they don't realise it.
- ♥ I am a strong woman who can and will achieve personal goals if I carry on working hard.
- ♥ This year I learned to believe in myself. I never knew I had so much confidence and that I have passion for working with children
- ♥ I must do the best in everything I'm doing. I also learned to embrace every challenge.
- ♥ To be on time!
- ♥ To be dependable and not stay away from work.
- ♥ I learned to listen to myself and trust myself. It was wonderful to learn how to build connections with children and stay patient with each child.

What did you discover as your biggest asset?

- ♥ That I have to believe in myself more.
- ♥ I can make a change in someone's life.
- ♥ I am strong and patient.
- ♥ I am more patient and thorough than I thought
- ♥ Children don't always act the way they want to...and I can listen, see beyond how they act, and give them a safe space.
- ♥ I have a lot of love for other people.
- ♥ I love working with children.
- ♥ It excites me to work with the children and take care of their needs.
- ♥ Sometimes it feels as if I understand how children feel and why they act the way they do.
- ♥ Making a positive change in a (negative) environment.

Name personal challenges that you would like to work on in your own life and what you are going to do about it?

- ♥ Doing things immediately – learn to start earlier. Better time management. Speak louder in front of people and show that I have confidence in myself.
- ♥ I don't want to judge people, I would like to listen to them first. I would also try to control my temper.
- ♥ I will take every opportunity given to me. I am not going to sit around and wait for things to happen to me.
- ♥ To not constantly overthink things, but to grab opportunities. I would also like to practice more perseverance, because sometimes things feel too heavy and then I want to give up.
- ♥ I'm going for my learners and driver's license. I am going to make things happen, wake up, and pay attention to the world around me.
- ♥ I lose hope very quickly. I need to work on it and remind myself where I started in the first place and where I am now. Keep on thinking more positive thoughts.
- ♥ Putting myself first – I always consider other people's feelings before my own.
- ♥ I want to push myself to excel in my studies by keeping to the schedule.
- ♥ I want to think more positive thoughts, because sometimes I tell myself that I am not going to make it, but actually I believe that I can.
- ♥ I want to be less of a "people pleaser" and doing things because I am told to do them and start doing things because they make me happy.
- ♥ Time management – setting up a timetable for my studies. I must stay calm and breath in and out and not panic about everything.
- ♥ I must stop procrastinating. Start early (in the mornings as well) and do things immediately.
- ♥ I must stop coming late – I need to push through and wake up early.
- ♥ I'm going to sit down with my family and discuss my concerns about our family life.
- ♥ I think I am depressed. I will go to a doctor and trust that I do have a future.

